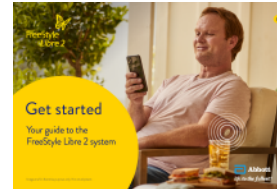


Patient Training Checklist

for HCPs who are getting patients started with the FreeStyle Libre 2 system themselves

Optional

Have a copy of the FreeStyle Libre 2 System Quick Reference Guide to hand for more information on each section of this checklist.



Quick Reference Guide

- 1** Patient has a **FreeStyle Libre 2 Plus sensor** and either the **FreeStyle LibreLink app** or **FreeStyle Libre 2 Reader**

Patients should be encouraged to use the FreeStyle LibreLink app if they have a compatible device. Go to diabetescare.abbott/support/manuals/uk for our device compatibility guides.



Order more
Sensors & Readers



Download app on
Apple App Store



Download app on
Google Play Store

- 2** Patient has **applied the sensor** securely to the back of their upper arm



Quick Reference
Guide Page



Watch the video
tutorial

- 3** Patient has successfully **started the sensor** with the app or Reader



How to apply &
start sensor video



FreeStyle LibreLink
App Guide



Reader Quick
Start Guide

- 4** Patient understands **why sensor readings may differ** from finger prick readings



Quick Reference
Guide



Watch a video
explanation

- 5** Patient understands **whether or not they are permitted to drive** while using the FreeStyle Libre 2 system and, if so, when they need to finger prick

✓ Group 1 drivers (with confirmatory finger pricks when required) X Group 2 drivers



Quick Reference
Guide



DVLA diabetes
driving guidance

- 6** Patient understands **how to use each of the following screens/reports** on their device:

Dashboard Daily Graph Time in Range Daily Patterns Average Glucose



Quick Reference
Guide

7 Patient has successfully **set up alarms** on the app or Reader



Quick Reference Guide



Setting up alarms on the app



Setting up alarms on the Reader

8 Patient knows how to **share glucose readings and alarms with family and friends** using LibreLinkUp[§]



Quick Reference Guide



Download app on Apple App Store



Download app on Google Play Store

9 Patient knows how to **share glucose readings with HCPs** and **use the GPI report** on LibreView^Ω



How to apply & start sensor video



Get started video



LibreView website

10 Patient **knows how to get additional support** with the FreeStyle Libre 2 system
Call: 0800 170 1177 Email: ADChelpuk@abbott.com



Quick Reference Guide



Online sensor support form

Prescribing information

Product Name
FreeStyle Libre 2 Plus sensor
Quantity
2 sensors / 30 days
(1 sensor lasts 15 days)
PIP Code
428-0194

Sharps & strips reduction

- Patient offered 7L sharps bin for dark grey applicator
- HCP has considered strip reduction

HCP support



0800 032 1016

Libre Primary Care Hub Support



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Abbott

References & Disclaimer:

Images are for illustrative purposes only. Not real patient or data.

◇ The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView.

§ The LibreLinkUp app is only compatible with certain mobile device and operating systems. Please check www.LibreLinkUp.com for more information about device compatibility before using the app. Use of LibreLinkUp requires registration with LibreView. The LibreLinkUp mobile app is not intended to be a primary glucose monitor; home users must consult their primary device(s) and consult a healthcare professional before making any medical interpretation and therapy adjustments from the information provided by the app.

Ω The LibreView data management software is intended for use by both patients and healthcare professionals to assist people with diabetes and their healthcare professionals in the review, analysis and evaluation of historical glucose device data to support effective diabetes management. The LibreView software is not intended to provide treatment decisions or to be used as a substitute for professional healthcare advice.

Please note that this checklist is provided as a general guide, and Abbott assumes no liability for any issues or outcomes resulting from its use. Healthcare professionals are responsible for ensuring that all training is conducted in accordance with their clinical judgment and the specific needs of each patient.

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