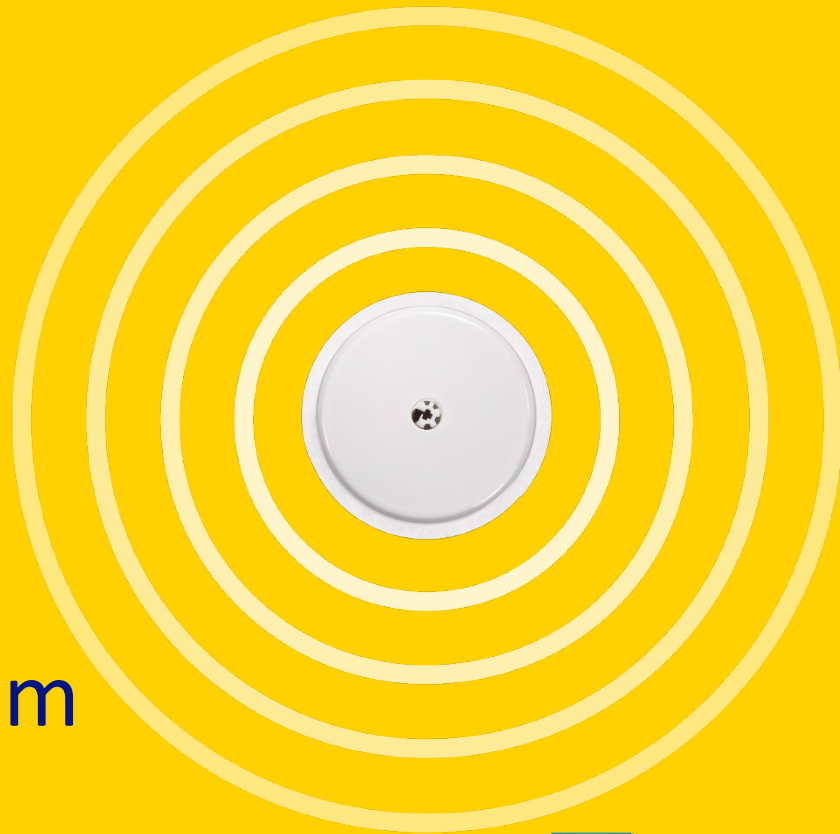




FreeStyle  
*Libre 2*

Get started with the  
FreeStyle Libre 2 system



 **Abbott**  
*life. to the fullest.®*

Section 1



# The FreeStyle Libre 2 system



# Components of the FreeStyle Libre 2 system



Applicator used to apply sensor

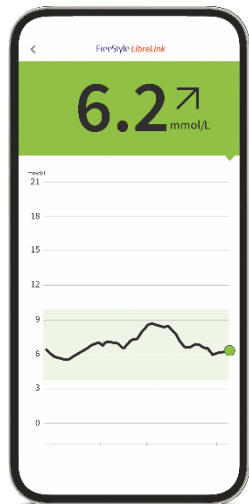


Sensor pack



Sensor

# The FreeStyle Libre 2 ecosystem



FreeStyle Libre 2  



LibreView 



LibreLinkUp 

Images and simulated data are for illustrative purposes only. Not real patient data.

The **FreeStyle LibreLink** app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of **FreeStyle LibreLink** may require registration with LibreView. The **LibreView** website is only compatible with certain operating systems and browsers. Please check [www.LibreView.com](http://www.LibreView.com) for additional information. The **LibreLinkUp** app is only compatible with certain mobile devices and operating systems. Please check [www.LibreLinkUp.com](http://www.LibreLinkUp.com) for more information about device compatibility before using the app. Use of **LibreLinkUp** requires registration with LibreView. The **LibreLinkUp** mobile app is not intended to be a primary glucose monitor: home users must consult their primary device(s) and consult a healthcare professional before making any medical interpretation and therapy adjustments from the information provided by the app.

# The FreeStyle Libre 2 sensor features

- Small size (35mm x 5mm) – comparable to a £2 coin
- Designed to stay on the body for up to 14 days
- Requires no finger prick calibration<sup>1</sup>
- Water resistant<sup>2</sup>
- Automatically<sup>3</sup> captures readings day and night
- Scan for glucose readings anytime<sup>4</sup>, even during a signal loss
- Glucose readings every minute, every hour and every day for up to 14 days



Images are for illustrative purposes only. Not real patient.

**1.** Finger pricks are required if glucose readings do not match symptoms or expectations. **2.** Sensor is water resistant in up to 1 metre (3 feet) of water for a maximum of 30 minutes. Do not immerse longer than 30 minutes. Not to be used above 10,000 feet. **3.** Glucose readings are automatically displayed in the FreeStyle LibreLink app only when your smartphone and sensor are connected and in range. **4.** 60-minute warm-up required when applying the sensor.

# No more finger pricking<sup>1</sup>



**Proven to be accurate, stable and consistent for up to 14 days without finger prick tests<sup>1,2</sup>**

Finger prick tests are only necessary if glucose readings and alarms don't match symptoms or expectations.

Images are for illustrative purposes only. Not real patient.

**1.** Finger pricks are required if glucose readings and alarms do not match symptoms or expectations. **2.** Alva S. *et al*, *Journal of Diabetes Science and Technology*, (September 2020). <http://doi.org/10.1177/1932296820958754>.



## Section 2

Apply your  
FreeStyle Libre 2 sensor  
and get started



  
FreeStyle  
Libre 2

# Three steps to apply your sensor

## 1. Wash, clean and dry

Choose an area on the back of your upper arm that stays flat during normal daily activities and at least 2.5cm (1 inch) away from an insulin injection site.

Wash your skin with a non-moisturising, fragrance-free soap and water.

Use an alcohol wipe to remove any oily residue that may prevent the sensor from adhering properly to the skin.

Allow the area to air dry before the next step.





# Three steps to apply your sensor



## 2. Open the applicator

Open sensor pack by peeling back the lid. Unscrew cap from the sensor applicator. Line up the dark mark on the sensor applicator, with the dark mark on the sensor pack. Place on flat surface then Press down firmly until you hear a click.



Do not put the cap back on because it may damage the sensor.

Do not use if the sensor applicator looks damaged or if the tamper label indicates sensor applicator has already been opened.

Do not touch the inside of the sensor applicator as it contains a needle.

Do not use if past expiry date.

# Three steps to apply your sensor

## 3. Apply your sensor

Apply the sensor to the back of your upper arm, by pressing the applicator against your arm.

Listen for the click.

Wait for a few seconds and then pull the applicator away slowly, leaving the sensor on your skin.



Do not push down on the sensor applicator until it's been placed over a prepared site to prevent unintended results or injury.

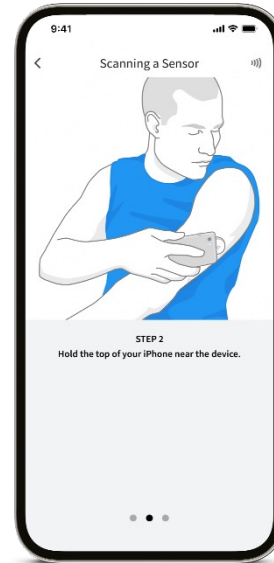
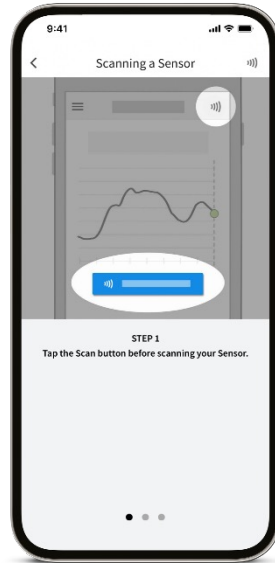
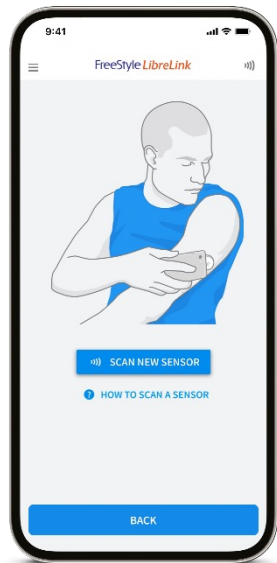
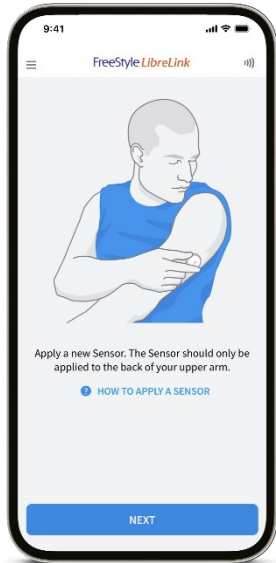


# How to apply your FreeStyle Libre 2 sensor



## **HOW TO APPLY YOUR FREESTYLE LIBRE 2 SENSOR**

# Start your sensor with your phone



Images are from iPhone. For Android smartphones: Start a new sensor by scanning with the BACK of your smartphone. You may need to turn on NFC in your smartphone's settings.

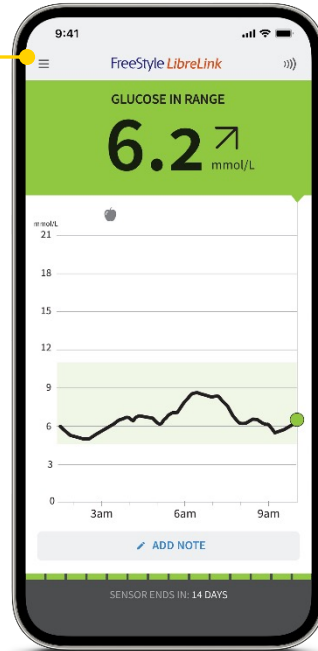
Images are for illustrative purposes only. Not real patient data.

1. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView.

# FreeStyle LibreLink app

## Main menu

Tap here for settings

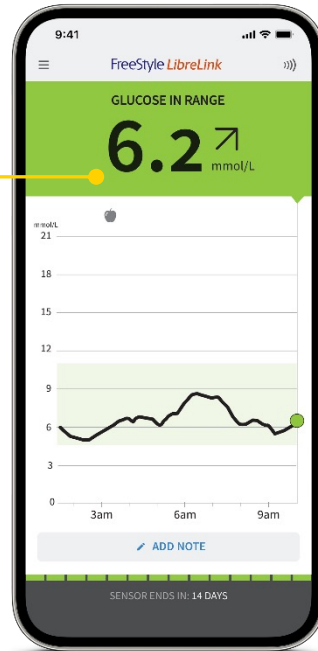


Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app

## Current glucose reading

Glucose reading is updated every minute



Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app

## Background colours

The background colour reflects your current glucose reading.



**High glucose reading**  
(above 13.3 mmol/L)



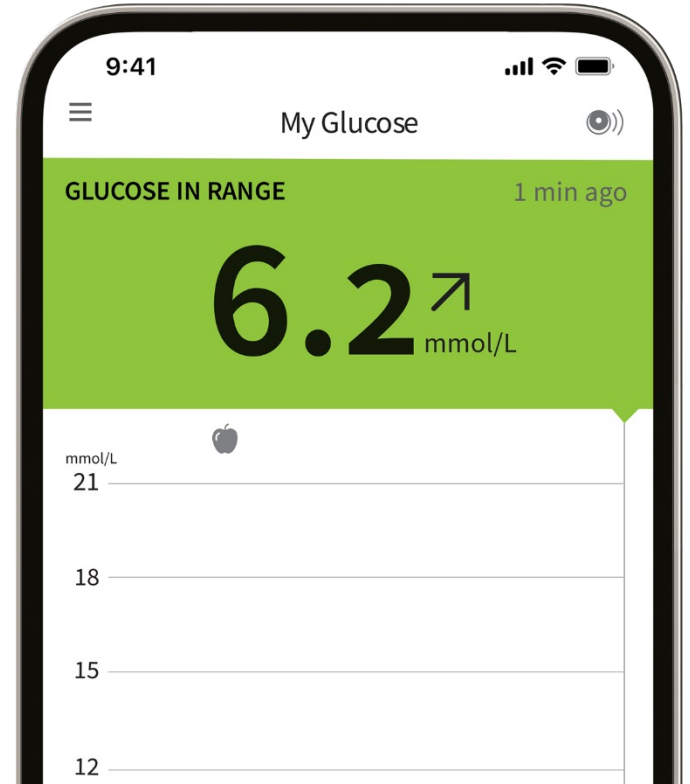
**Between** the target glucose range  
and high or low glucose level



**Within** the target glucose range



**Low glucose reading**  
(below 3.9 mmol/L)

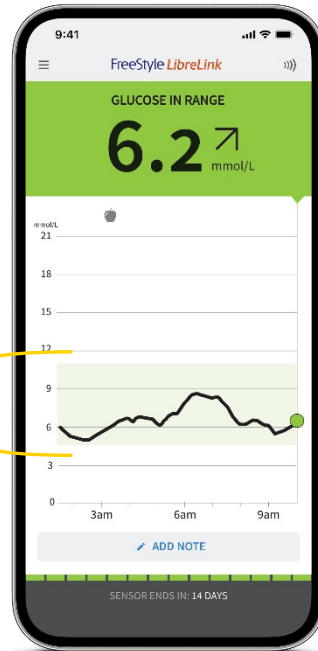


# FreeStyle LibreLink app

## Target glucose range

The graph shows your target glucose range.  
This is not related to glucose alarm thresholds

**Note:** It is set at 3.9-10 mmol/L and can be customised. Work with your healthcare professional to set your Target Glucose Range.



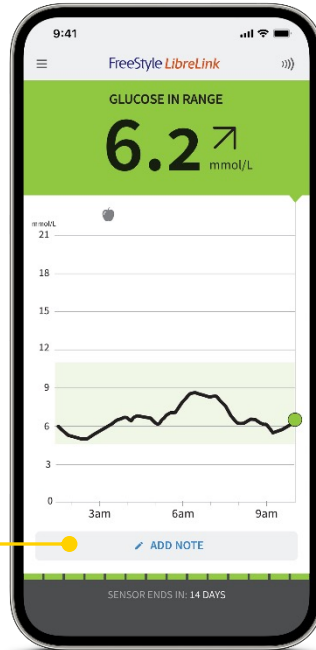
Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.



# FreeStyle LibreLink app

## Notes

Tap to add notes or edit notes to the glucose reading

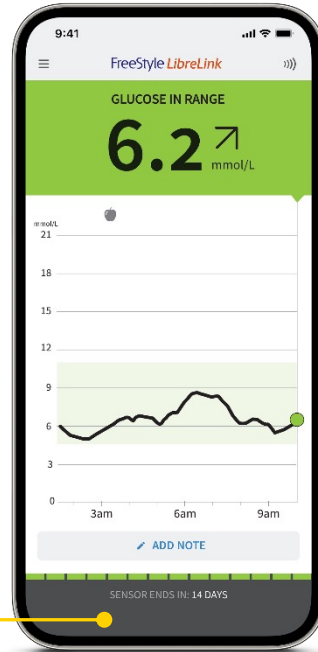


Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app

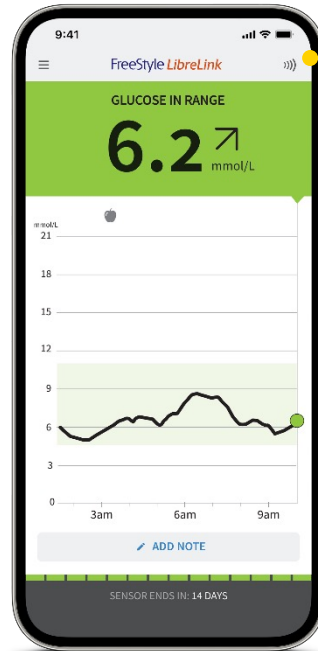
## Sensor life

Sensor life displays the number of days of wear remaining on your sensor



Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app



## Sensor Scan

Tap to scan, a quick scan provides another way for you to get a glucose reading during Bluetooth®<sup>1</sup> interruption

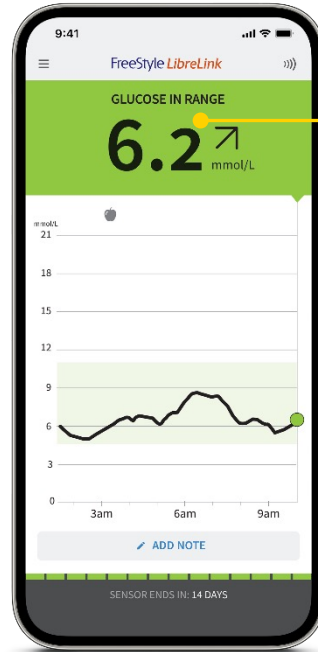
**Note:** Androids have the following icon instead: 



Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

1. The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Abbott is under license.

# FreeStyle LibreLink app



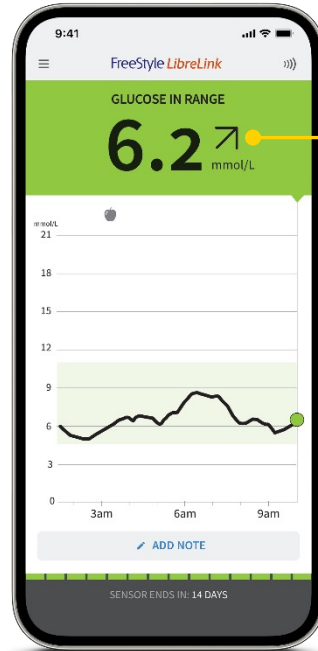
## Glucose message

Glucose message lets you know where your glucose is or where it's going



Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app



## Glucose trend arrow


Trend arrow shows how quickly your glucose is changing



Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app


## Glucose trend arrows

 **Rising quickly** – more than 3 mmol/L in 30 minutes

---

 **Rising** – 1.8–3 mmol/L in 30 minutes

---

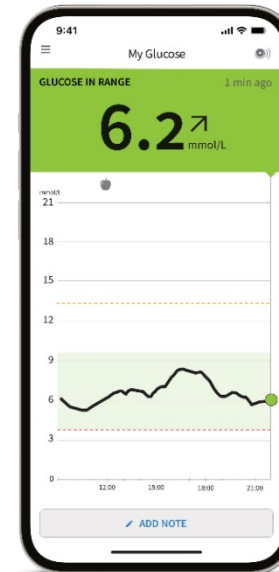
 **Changing slowly** – < 1.8mmol/L in 30 minutes

---

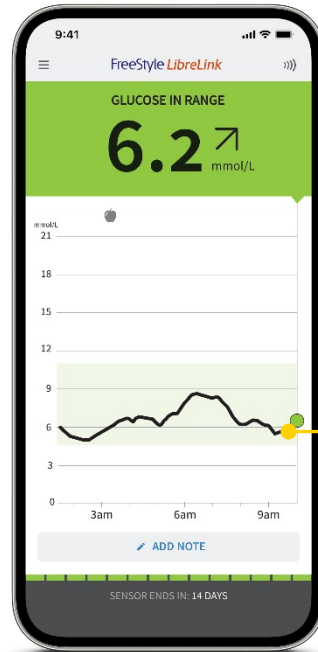
 **Falling** – 1.8–3 mmol/L in 30 minutes

---

 **Falling quickly** – more than 3 mmol/L in 30 minutes



# FreeStyle LibreLink app

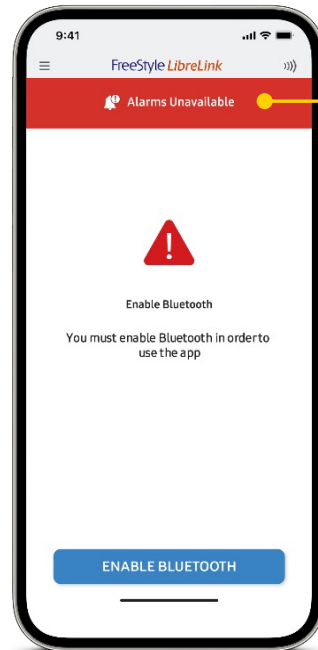


## Glucose graph

Glucose graph shows your 8-hour glucose history

Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.

# FreeStyle LibreLink app



## Alarms unavailable

This screen displays if alarms you have turned on are not available



Simulated data are for illustrative purposes only. Not real patient data.  
The graph will scale to 27.8 mmol/L to accommodate glucose readings above 21 mmol/L.



Section 3

# Sensor technology

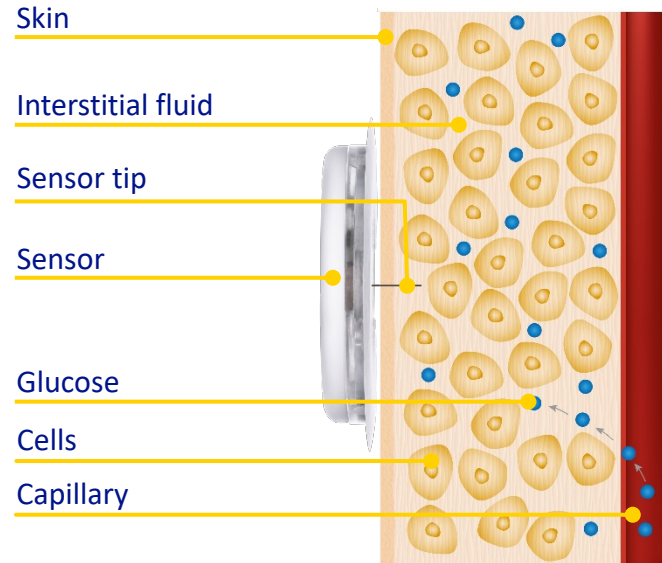


  
FreeStyle  
*Libre 2*

# Understanding interstitial glucose measurement

## FreeStyle Libre 2 system

The FreeStyle Libre 2 system measures glucose in the interstitial fluid. Blood glucose and sensor glucose are closely related but not identical.

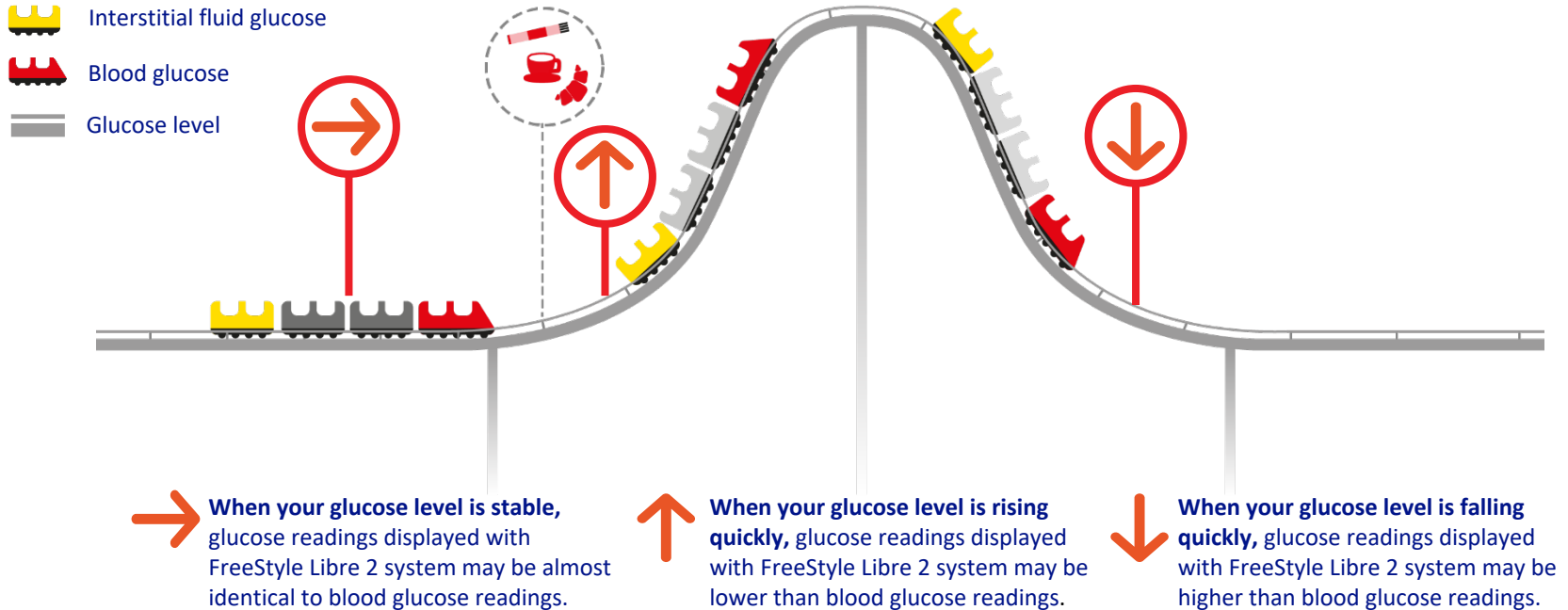


The average<sup>1</sup> lag time between blood glucose and interstitial fluid glucose is just over 2 minutes

Images are for illustrative purposes only

1. Alva S, et al. Accuracy of a 14-Day Factory-Calibrated Continuous Glucose Monitoring System With Advanced Algorithm in Paediatric and Adult Population With Diabetes. *Journal of Diabetes Science and Technology*. September 2020. doi:10.1177/1932296820958754.

# Understanding interstitial glucose measurement (continued)





## The FreeStyle Libre 2 system and driving

- The DVLA (Driver and Vehicle Licensing Agency) has permitted the use of flash glucose monitoring systems for the purpose of driving with Group 1 drivers.
- Drivers using the FreeStyle Libre 2 system must get a confirmatory finger prick glucose level in the following circumstances:
  - if their glucose level is 4.0mmol/L or below;
  - if they have symptoms of hypoglycaemia;
  - if their readings are not consistent with their symptoms;
  - if they have become hypoglycaemic or have indication of impending hypoglycaemia.
- Flash glucose monitoring systems are not legally permitted for the purposes of Group 2 drivers.

For more information visit [www.gov.uk/diabetes-driving](https://www.gov.uk/diabetes-driving)

Section 4

# Optional alarms and reminders



# Difference between using app and reader

## Automatic glucose readings on the app<sup>1</sup>

Start the FreeStyle Libre 2 sensor with the FreeStyle LibreLink app



Provides alarms and glucose readings **automatically**<sup>2</sup> on the app or glucose readings with a scan on the app

## Scanning experience with reader

Start the FreeStyle Libre 2 sensor with the reader



Provides alarms and glucose readings **with a scan** on the FreeStyle Libre 2 reader

# Optional alarms on the FreeStyle LibreLink app

## Optional alarms

The sensor has a built in **Bluetooth** transmitter

The sensor **transmits data every minute** that may result in an alarm being activated on the FreeStyle LibreLink app<sup>1</sup>

When the glucose **passes the set threshold**, an alarm is generated

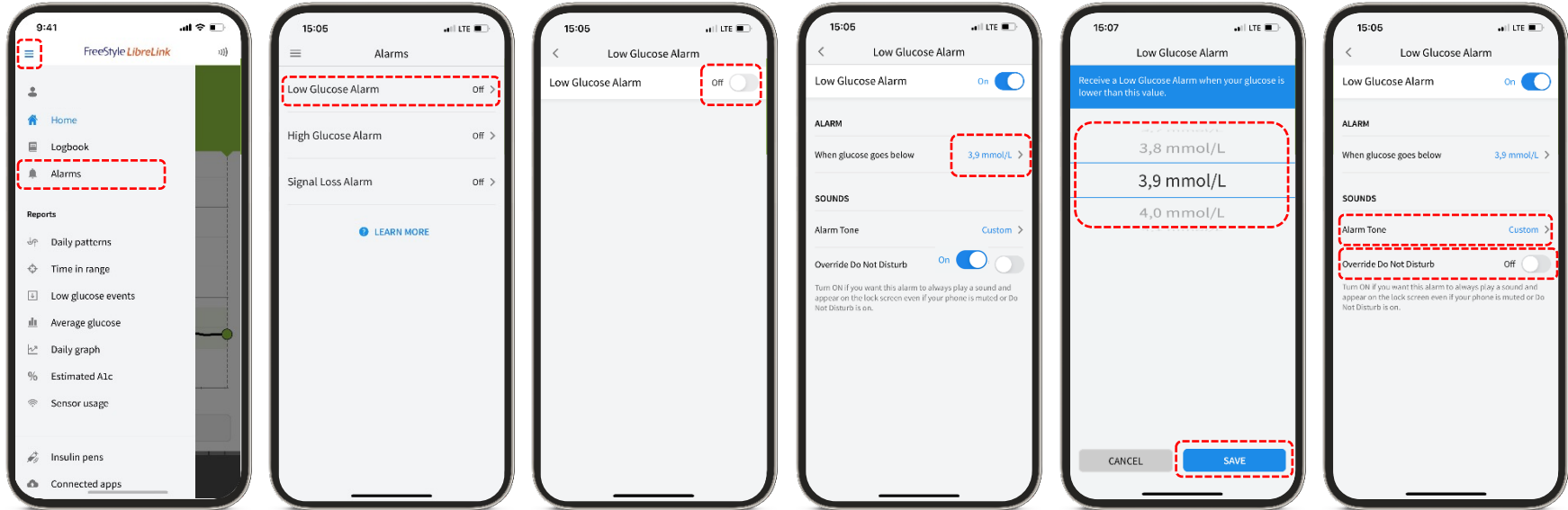
**Take action!**



Simulated data for illustrative purposes only. Not real patient or data.

**1.** The FreeStyle Libre 3 app is only compatible with certain mobile devices and operating systems. Please check our website for more information about device compatibility before using the app. Sharing of glucose data requires the app. Notifications are only received when alarms are turned on and the sensor is within 6 metres of the phone, with no obstructions.

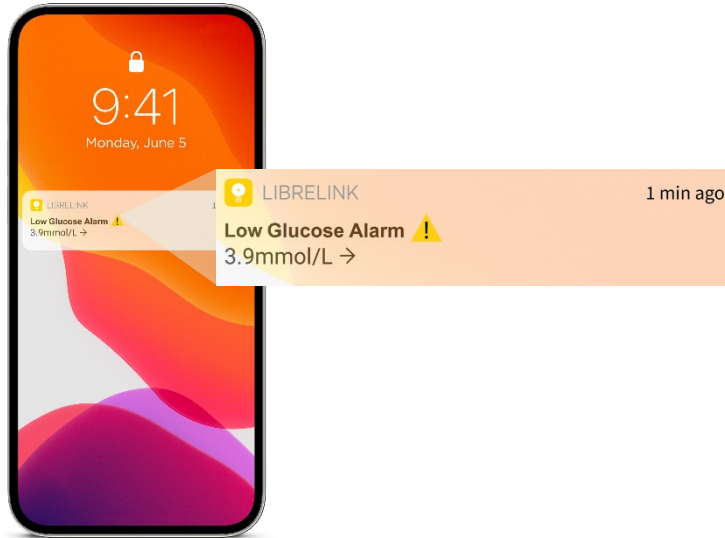
# Setting optional alarms



Simulated data for illustrative purposes only. Not real patient data.  
Notifications are only received when alarms are turned on and the sensor is within 6 metres of the phone, with no obstructions.



# Dismissing an alarm<sup>1</sup>



- Tap on the push notification
- App will open to home screen
- View current glucose value

Viewing the glucose value in the app will dismiss the glucose alarm.

**Note:** If you have the app open when an alarm is generated, viewing the home screen will dismiss the alarm notification.

Images are for illustrative purposes only. Not actual patient data.

The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView.

1. Notifications will only be received when alarms are turned on and the sensor is within 6 meters unobstructed of the reading device.

Section 5

# Digital Health Solutions for the FreeStyle Libre 2 system



# Digital health tools that work together for seamless diabetes management

Easily monitor your glucose on your smartphone anytime,<sup>1</sup> anywhere,<sup>2</sup> and share results

FreeStyle *LibreLink* 

## Easy monitoring<sup>3</sup>

One app allows you to monitor and share your glucose readings<sup>4</sup>

*LibreLinkUp*

## Easy connection

Share glucose levels and alarms with your loved ones for peace of mind<sup>7,8</sup>



*LibreView*

## Easy insights<sup>5</sup>

Share glucose readings with your healthcare team for more effective consultations<sup>6</sup>

Images are for illustrative purposes only. Not actual patient data.

1. 60-minute warm-up required when applying the sensor. 2. Sensor is water resistant in up to 1 metre (3 feet) of water. Do not immerse longer than 30 minutes. 3. Haak, T. *Diabetes Ther* (2017): <https://doi.org/10.1007/s13300-016-0223-6>. 4. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView. 5. Unger, J. *Postgrad Med.* (2020): <https://doi.org/10.1080/00325481.2020.1744393>. 6. The LibreView website is only compatible with certain operating systems and browsers. Please check [www.LibreView.com](http://www.LibreView.com) for additional information. 7. The LibreLinkUp app is only compatible with certain mobile devices and operating systems. Please check [www.LibreLinkUp.com](http://www.LibreLinkUp.com) for more information about device compatibility before using the app. 8. Campbell, F. *Pediatr. Diabetes* (2018): <https://doi.org/10.1111/pedi.12735>.

# LibreView

Share your glucose data with your diabetes team



FreeStyle Libre 2 

## Connect to a clinic

Use the FreeStyle LibreLink app<sup>1</sup> to share your glucose data with your diabetes team



## LibreView

### Better informed doctor's appointments

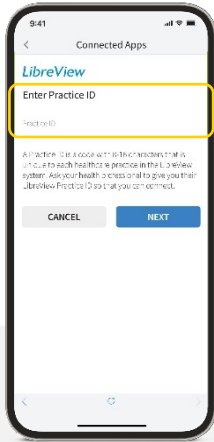
You and your diabetes team can have more effective conversations about your glucose patterns and trends<sup>2</sup>



Images are for illustrative purposes only. Not real patient or data.

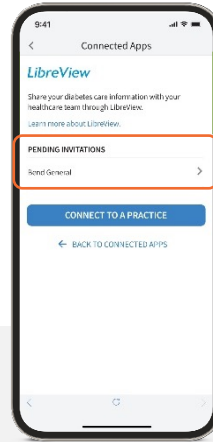
**1.** The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Sharing of glucose data requires registration with LibreView. **2.** The LibreView data management software is intended for use by both patients and healthcare professionals to assist people with diabetes and their healthcare professionals in the review, analysis and evaluation of historical glucose device data to support effective diabetes management. The LibreView software is not intended for making treatment decisions and must not be used to replace professional medical advice.

# Sign up and share data with LibreView



## Option 1

Your HCP can supply you with the unique ID number of your practice



## Option 2

Your HCP can send you an email invitation to join their practice



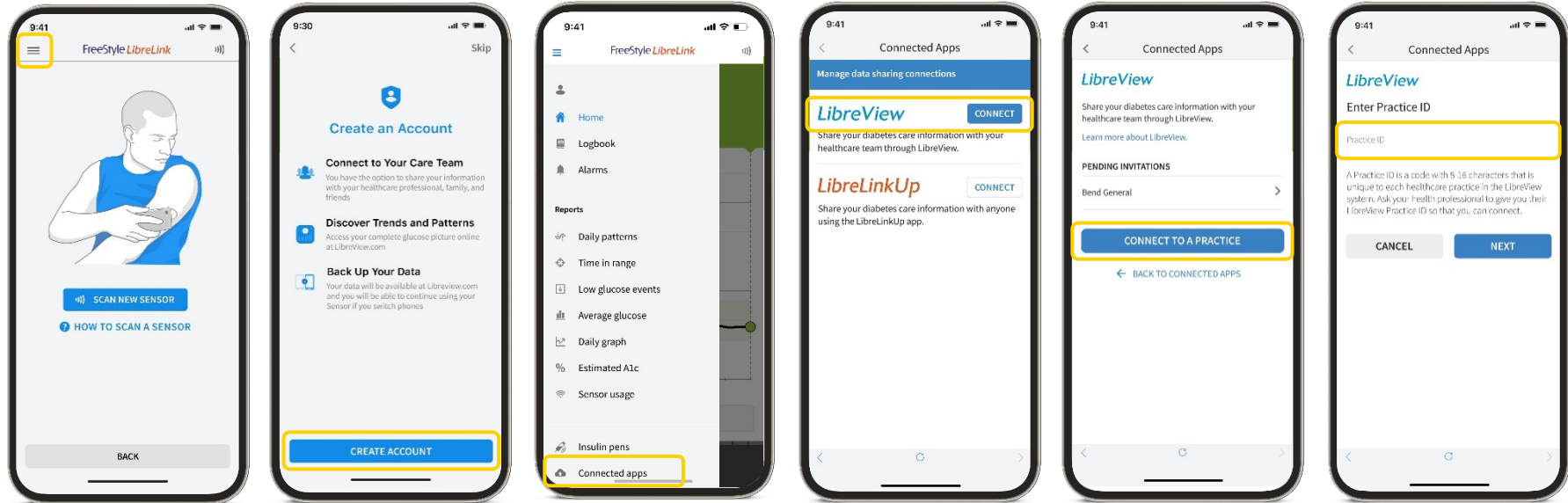
**Note:** To access your LibreView account go to [www.LibreView.com](http://www.LibreView.com) and log in with your FreeStyle LibreLink app<sup>1</sup> username and password.

Images are for illustrative purposes only.

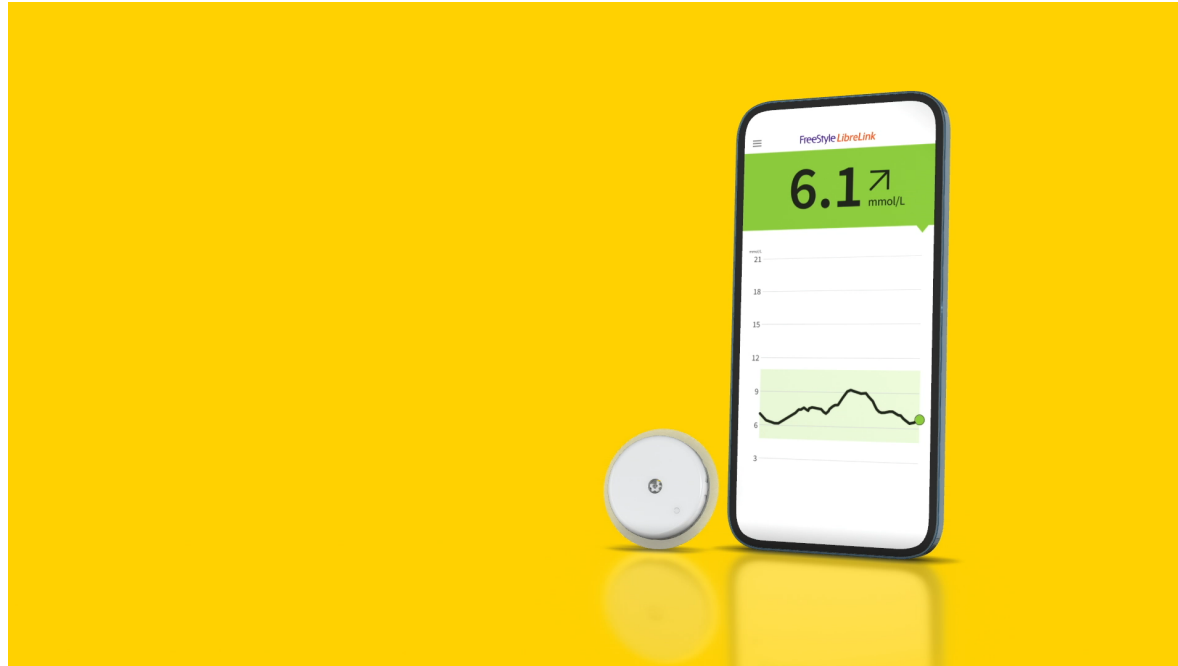
The LibreView website is only compatible with certain operating systems and browsers. Please check [www.LibreView.com](http://www.LibreView.com) for additional information.

1. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Sharing of glucose data requires registration with LibreView.

# Connect to your diabetes team via LibreView Clinic ID



# LibreView Account Setup & Installation

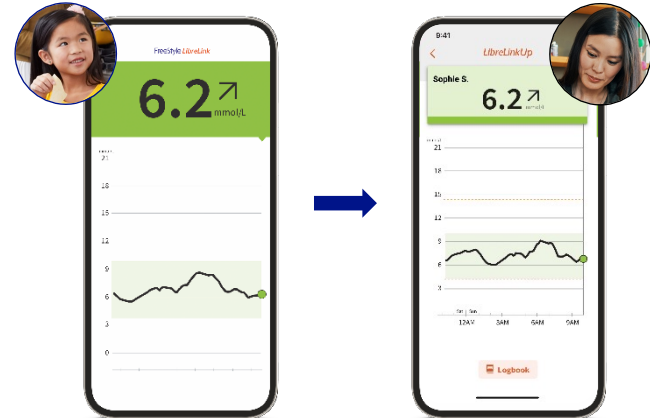
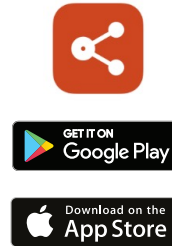


# LibreLinkUp

With the LibreLinkUp mobile app<sup>1</sup>, FreeStyle LibreLink app<sup>2</sup> users can remotely share their glucose readings and alarms<sup>3</sup> with up to 20 of their caregivers and loved ones.

## Caregivers can:

- Check their connections' glucose levels anytime they have an active FreeStyle Libre 2 sensor
- Set their own glucose alarm notifications and receive alarm notifications in real-time using LibreLinkUp on their phones<sup>1</sup>



FreeStyle LibreLink

LibreLinkUp

Images are for illustrative purposes only. Not actual patients or data.

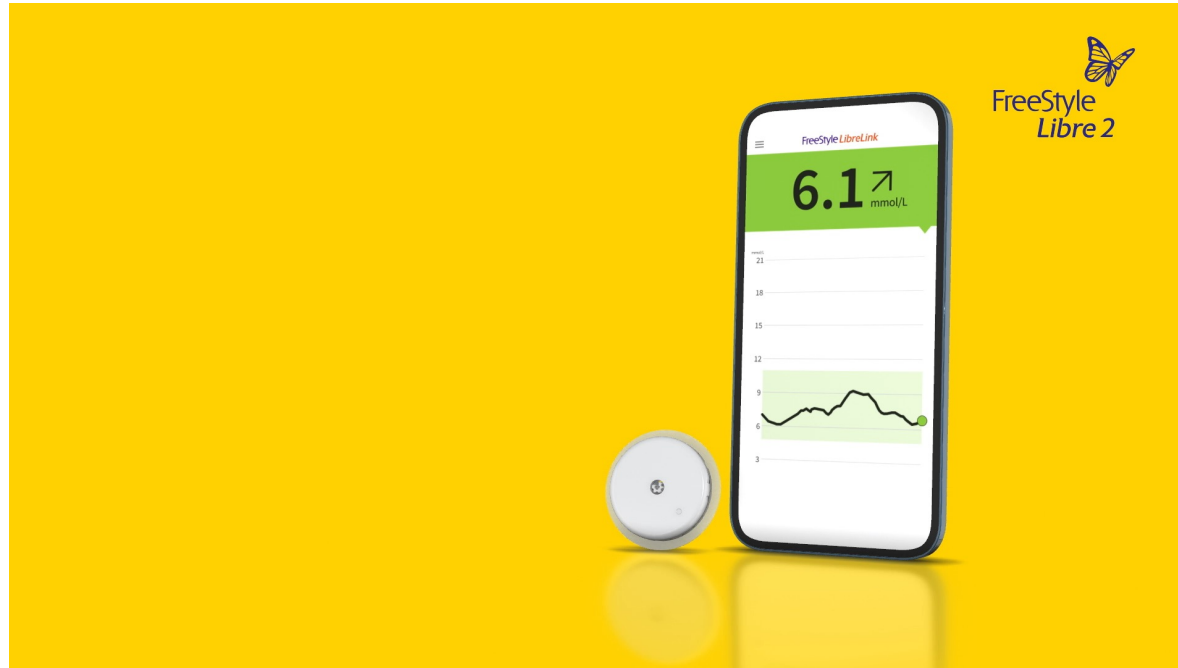
1. The LibreLinkUp app is only compatible with certain mobile device and operating systems. Please check [www.LibreLinkUp.com](http://www.LibreLinkUp.com) for more information about device compatibility before using the app. Use of LibreLinkUp requires registration with LibreView. The LibreLinkUp mobile app is not intended to be a primary glucose monitor: home users must consult their primary device(s) and consult a healthcare professional before making any medical interpretation and therapy adjustments from the information provided by the. 2. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Sharing of glucose data requires registration with LibreView. 3. The user's device must have internet connectivity for glucose data to automatically upload to LibreView and to transfer to connected LibreLinkUp app users.

For more information visit our website at:  
[LibreLinkUp](#) | [Connect with Caregivers](#) |  
[FreeStyle Libre](#)





# How to share glucose information from the FreeStyle LibreLink app to the LibreLinkUp app



Section 6

# System education and support



# The FreeStyle Libre 2 system tutorials and downloads

## Visit our website for:

- Video tutorials on how to use the FreeStyle Libre 2 system
- How to use its data to support your diabetes management
- Product Specifications and User Manuals



Tutorials & Downloads | Freestyle Libre | Abbott

# The FreeStyle Libre 2 system education

Supporting your on-going diabetes management with the FreeStyle Libre 2 system

## MyFreeStyle

Online, patient education & support



E-learning



Articles



Videos



E-books

Register at:  
[MyFreeStyle | Abbott](https://www.myfreeslyre.com)

## Flash Glucose Monitoring Education Programme



[www.abcd.care/dtn-education/flash-glucose-monitoring](https://www.abcd.care/dtn-education/flash-glucose-monitoring)

# Customer careline



Images are for illustrative purposes only. Not actual patients.

## Abbott Customer Careline

**Telephone** – 0800 170 1177

Mon-Fri 8:00am-8:00pm (excludes bank holidays)

Sat 9:00am-5.00pm

**Email** – [adchelpuk@abbott.com](mailto:adchelpuk@abbott.com)



**Sensor support form**

[Sensor Support Form | FreeStyle Libre |  
Abbott](#)



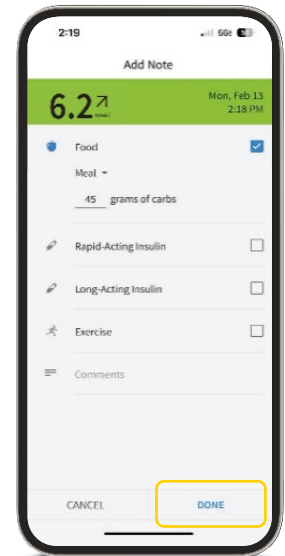
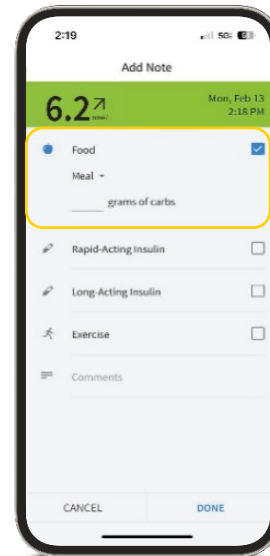
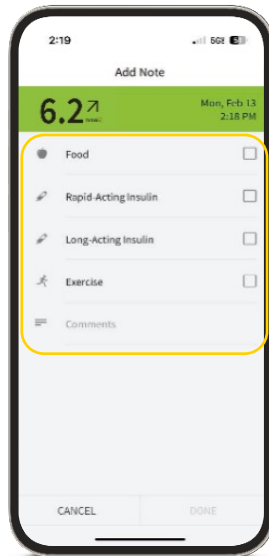
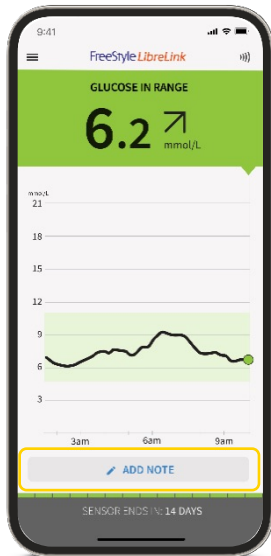
Section 7

# The FreeStyle LibreLink app reports



  
FreeStyle  
*Libre 2*

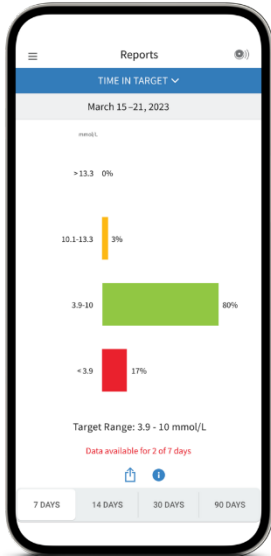
# Adding Notes in the FreeStyle LibreLink App



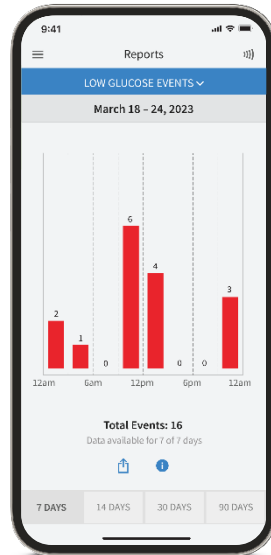
Images are for illustrative purposes only. Not actual patient data.  
The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app.  
Use of FreeStyle LibreLink may require registration with LibreView.



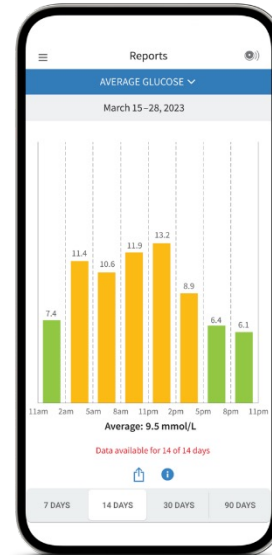
# Reports in the FreeStyle LibreLink App



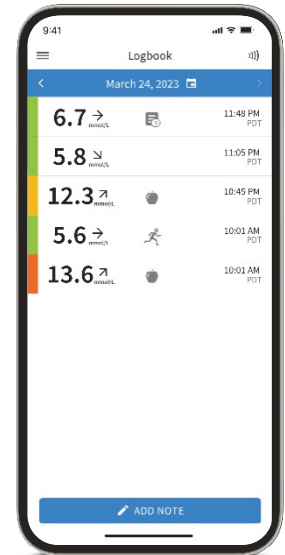
Time in Range



Low glucose events

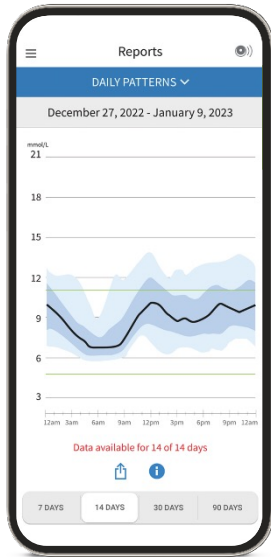


Average glucose

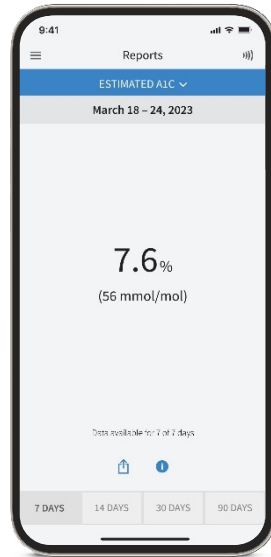


Logbook

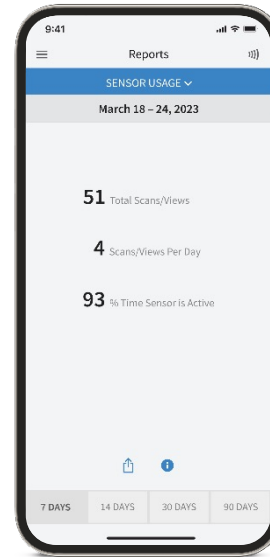
# Reports in the FreeStyle LibreLink App



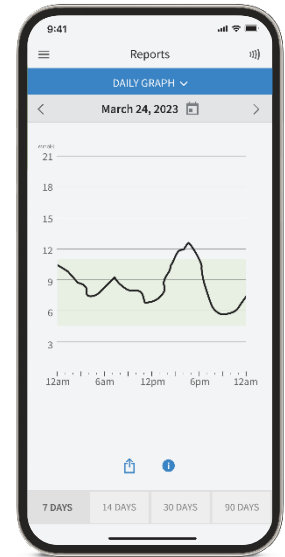
Daily patterns



Estimated A1c



Sensor usage

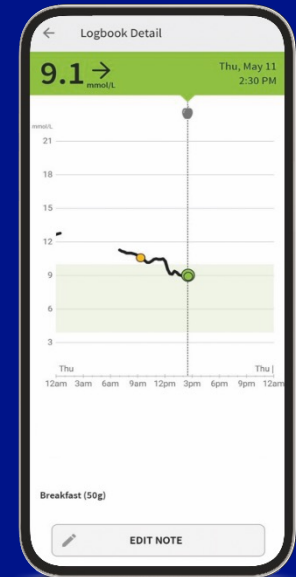
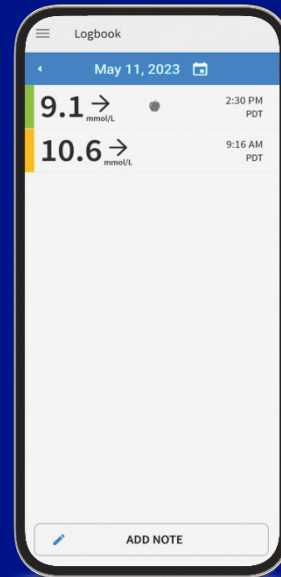


Daily graph

# Logbook in the FreeStyle LibreLink app

## Information captured in the Logbook

- Notes:
  - Food
  - Rapid-Acting Insulin
  - Long-Acting Insulin
  - Exercise
  - Comments
- Glucose Values via a scan



Images are for illustrative purposes only. Not actual patient data.  
The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView.

Section 8

# The FreeStyle Libre 2 system and Time in Range



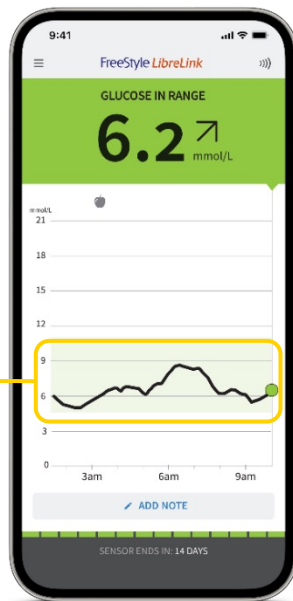
# Time in Range

## What is Time in Range

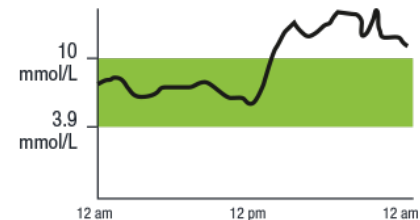
Time in Range is the percentage of time that a person spends with their blood glucose levels in a target glucose range

### Target Glucose Range

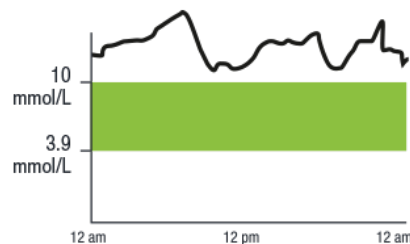
Typically: 3.9-10.0 mmol/L<sup>1,2</sup>



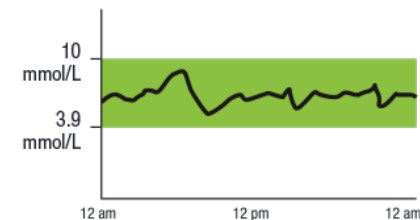
Here are different examples of Time in Range:



50% Time in Range



0% Time in Range



100% Time in Range

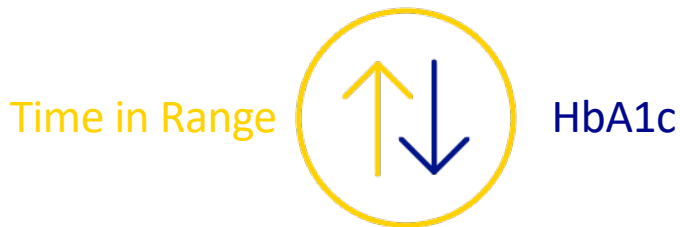
Images are for illustrative purposes only. Not actual patient data.

The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView.

1. For adults with type 1 and type 2 diabetes who are not pregnant, not older, or at risk. 2. Battelino, T. *Diabetes Care* (2019): <https://doi.org/10.2337/dci19-0028>.

# More Time in Range. Better glucose control.

## Why is Time in Range important?



When your Time in Range increases, your HbA1c decreases

Images are for illustrative purposes only.

1. Vigersky RA, McMahon C. The relationship of hemoglobin A1c to time-in-range in patients with diabetes. *Diabetes Technol Ther.* 2019;21(2):81-85. 2. Battelino T, Danne T, Bergenstal RM, et al. *Clinical targets for continuous glucose monitoring data interpretation: recommendations from the international consensus on time in range.* *Diabetes Care.* 2019;42(8):1593-1603. 3. Beck RW, Bergenstal RM, Riddlesworth TD, et al. *Validation of time in range as an outcome measure for diabetes clinical trials.* *Diabetes Care.* 2019;42(3):400-405. 4. For adults with type 1 and type 2 diabetes who are not pregnant, not older, or at risk.



Every 10% increase in Time in Range can lower HbA1c by 0.8% in type 1 and type 2 patients<sup>1</sup>



Every 5% (~1 hour per day) increase in Time in Range is associated with clinically significant benefits<sup>2</sup>



Spending more Time in Range can reduce long-term eye and kidney health complications<sup>3</sup>

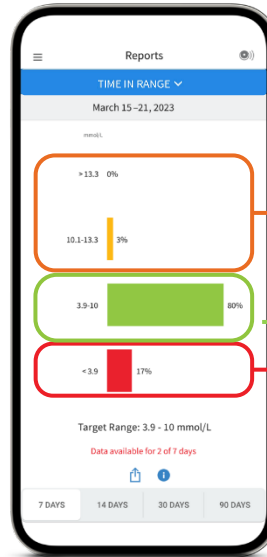


Guidelines recommend spending at least 70% of your Time in Range (3.9-10 mmol/L)<sup>2,4</sup> HbA1c is average glucose over the last 2-3 months.

# Time in Range report

The FreeStyle Libre 2 system automatically calculates the percentage of time you spend in, above, or below target range

This Time in Target report shows a person who spent **80% of their day in target glucose range**



For example:

Above Target Range  
(>10.0 mmol/L)

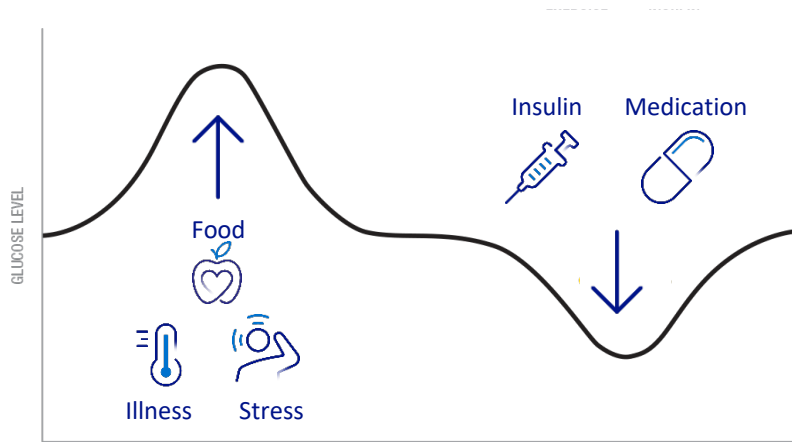
Target Glucose Range  
(3.9-10.0 mmol/L)

Below Target Range  
(<3.9 mmol/L)

Time in Range appears as a green bar on the app

# Impact on Time in Range

Learn how daily activities impact your glucose



## Suggested tips:

- Reduce big disturbances such as heavy carbs
- Keep checking your glucose
- Repeat what works for you

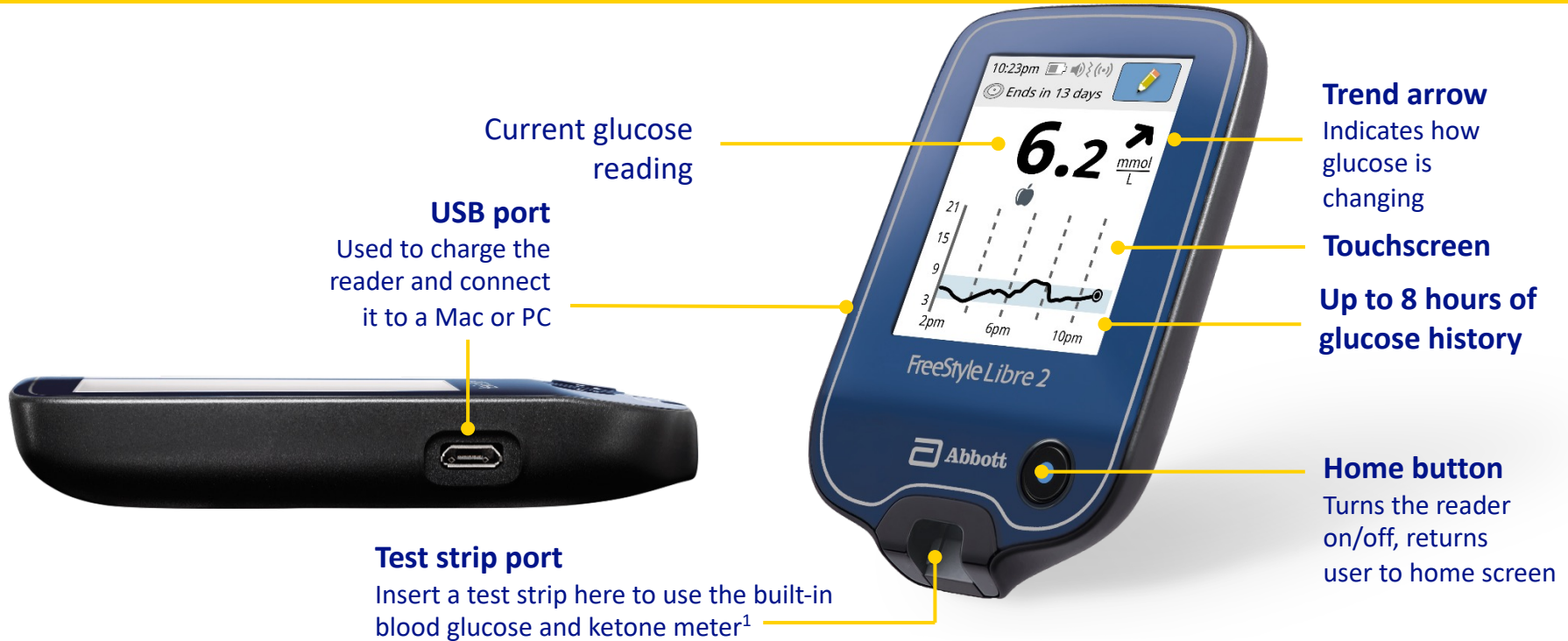


Section 9

# Using the FreeStyle Libre 2 reader



# The FreeStyle Libre 2 reader



Images are for illustrative purposes only. Not actual patient data.

1. The FreeStyle Libre 2 reader is designed to be used only with FreeStyle Optium blood glucose and blood ketone test strips and MediSense control solution.

# How to scan your FreeStyle Libre 2 sensor with your FreeStyle Libre 2 reader



1. Press the Home Button to turn on the reader.



2. Press 'Start new sensor' on the screen.



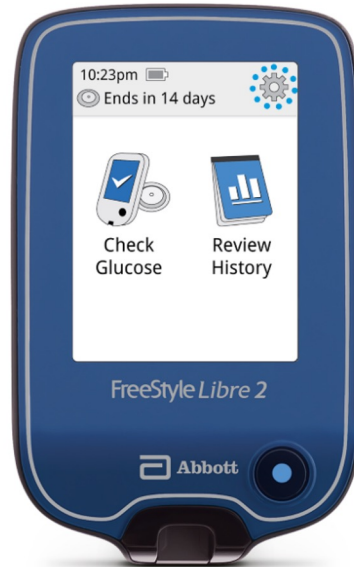
3. Hold the reader within 4cm of the sensor to scan it. A beep (if the sounds are enabled) or a vibration will confirm that sensor has been activated. Once you activate a sensor with a reader, it can only be used with that reader.



4. 1 hour after starting a new sensor the patient can get their glucose results. You will now be able to scan the sensor to check your glucose.

**Important Information:** If you start your FreeStyle Libre 2 sensor with your FreeStyle Libre 2 reader you will not receive real-time glucose readings, even if you use the updated FreeStyle LibreLink app as your second device. You will need to scan to get your glucose reading on both devices. Glucose alarms are only received on the device used to start the sensor.

# It's easy to set alarms on your FreeStyle Libre 2 reader<sup>1</sup>



## 1. Touch the **settings**<sup>2</sup> symbol

Images are for illustrative purposes only.

1. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device. 2. Please see the FreeStyle Libre 2 User's Manual for complete instructions.

# It's easy to set alarms on your FreeStyle Libre 2 reader<sup>1</sup>



## 2. Touch **Alarms** then **Change Alarm Settings**

Images are for illustrative purposes only.

1. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device.

# It's easy to set alarms on your FreeStyle Libre 2 reader<sup>1</sup>



### 3. Turn on Alarm (alarms are off by default)

Images are for illustrative purposes only.

1. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device.

# It's easy to set alarms on your FreeStyle Libre 2 reader<sup>1</sup>



## 4. Use arrows to set **Low** and **High Glucose Alarms**<sup>2</sup>

Images are for illustrative purposes only.

1. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device. 2. 3.9 mmol/L is the default Low Glucose Alarm level and can be set between 3.3-5.6 mmol/L. 13.3 mmol/L is the default High Glucose Alarm level and can be set between 6.7-22.2 mmol/L.

# It's easy to set alarms on your FreeStyle Libre 2 reader<sup>1</sup>



## 5. See your current Alarm Settings

Signal loss alarm is automatically turned on the first time a glucose alarm is set

Images are for illustrative purposes only.

1. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device.



# It's easy to set alarms on your FreeStyle Libre 2 reader<sup>1</sup>



## 6. Adjust Sound & Vibration

Images are for illustrative purposes only.

1. Patients choose which device they want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. They must start their FreeStyle Libre 2 sensor with that selected device. Once the patient scans their FreeStyle Libre 2 sensor with that device, they can receive alarms only on that device.



# FreeStyle *Libre 2*

